



SPRING FEVER

Embrace spring with a fresh new scent – think crushed violets, dewy grass, fresh broken earth, bunches of herbs, sea breezes and invigorating citrus. Glass brings you the most intriguing and, dare we say, best of fragrances for the season.

By Caroline Simpson



From top left:
Diptyque, Fleur de Peau
 Warm, intimate and enticing. A musky rose that really does smell like the skin of a beloved.
 £115, 75ml
www.diptyqueparis.co.uk
Miller Harris, Tender
 A love letter in perfume with roses, peonies and tulips.
 £140, 100ml
www.millerharris.com
Art de Parfum, Excentrique Moi
 Both sweet and bitter – alluring with a subtle presence. With dry, tannic tea notes, patchouli and guaiac wood.
 £114, 50ml
www.artdeparfum.com
EX Nihilo, Viper Green
 The latest from the cool French brand, with mandarin, galbanum, patchouli and vetiver; sharp, warm, sweet and lovely.
 £150, 50ml
www.selfridges.com
D.S. & Durga, Vio-Volta
 "Forgiveness is the fragrance that the violet sheds on the heel that has crushed it", said Mark Twain. And this perfume is a pure jolt of violet.
 £139, 50ml
www.dsanddurga.com
Goldfield & Banks, Pacific Rock Moss
 Inspired by the coast of New South Wales, this more-ish lovely scent contains moss, Italian sage, geranium and cedar notes. Breezy, lemony and lush.
 £149, 100ml
www.fortnumandmason.com
Bulgari, Magnolia Sensuel
 Rich magnolia is at the heart of this dreamy and seductive fragrance, with jasmine and orange blossom accents.
 £101, 100ml
www.bulgari.com
Paul Schotter, Villa M
 Villa M evokes the warmth of the Capri sun, its rich vegetation and the Mediterranean sea.
 £135, 50ml
www.paulschotterparfume.com
Map of the Heart, Clear Heart v.1
 Fresh, salty, warm and free. This fragrance is encased in a bottle which is more like a work of art.
 \$250 (AUD), 90ml
www.mapoftheheart.com
Angela Flanders, Lawn
 The first perfume by the late Angela Flanders' daughter Kate Evans; inspired by a poem by Vicci Bentley, this is a gorgeous scent – multi-layered, dewy, earthy, sappy and bright.
 £65, 50ml
www.angelaflanders-perfumez.com

From top left:
Paula's Choice Resist 1% Retinol Booster
 A lightweight lotion with willow herb and anti-inflammatories to soothe. Can be used in the day, followed by an SPF.
 £39, 15ml
www.paulaschoice.co.uk
Indeed Labs, Retinol Reface
 With three types of retinol. Use at night.
 £19.99, 30ml
www.boots.com
Algenist, Retinol Firming & Lifting Serum
 This creamy serum reduces lines as well as firming. Can be used in the day.
 £75, 30ml
www.spacenk.com
Peter Thomas Roth, Night Serum
 Contains a high percentage (1.5%) of encapsulated retinol as well as vitamin C and vitamin E.
 £53, 30ml
www.harveynichols.com
Natura Bissé, Essential Shock Intense Retinol Fluid
 Offers around-the-clock hydration and nourishment and can be used in the daytime.
 £88, 50ml
www.naturabisse.com
Sunday Riley, Luna
 Use at night; massage in this potent blue organic oil to see effective results.
 £45, 35ml
www.spacenk.com
Dr Murad, Youth Retinol Renewal Serum
 This lightweight lotion used at night is powered by Dr Murad's unique Retinol Tri-Active Technology.
 £70, 30ml
www.murad.co.uk
Obagi, Retinol 1
 With jojoba oil and shea butter for comfort, an easily absorbed cream.
 £52, 30ml
www.obagi.co.uk
The Ordinary, Granactive Retinoid 2% Emulsion
 From the straight-talking, very affordable, no frills skincare brand. Lightweight and effective.
 £8.50, 30ml
www.theordinary.com
Alpha-H, Beauty Sleep Power Peel
 A dual-purpose night treatment containing glycolic acid and retinol.
 £54, 50ml
www.cultbeauty.co.uk
Zelens, Treatment Drops High Potency Vitamin A
 Very effective with no drying of the skin due to its oil-like carrier. Use at night.
 £115, 30ml
www.zelens.com
La Roche-Posay, Redermic R
 The classic retinol cream from the highly regarded dermatological brand. Reasonably priced and very effective.
 £29.50, 30ml
www.laroche-posay.co.uk



SKIN DEEP

The term anti-ageing is becoming obsolete these days, thankfully. However, this doesn't mean you can't look your best radiant self. One of the only substances proven to improve the skin is retinol, another name for vitamin A, which fades age-spots, evens tone, builds collagen, and reduces and softens lines. It is powerful, though, so build up your skin's tolerance to it by using it twice a week for a month, and then gently increase it. Always follow up by using an SPF during the day. This wonder ingredient is now available in all kinds of formulations. Here is the *Glass* selection of the best.

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